2017

CUB RESIDENT CAMP PARENT'S GUIDE

Cub Scout adventure is around every turn in the trail. Swimming, fishing, boating, archery, BB guns, hiking, campfires and much more await every Cub or Webelos in Camp Waubeeka at the Read Scout Reservation.

Cubs will take part in all those activities and more as they also complete a variety of advancement activities related to the level of the Cub or Webelos program in which they are involved.

During their stay they will live in two person canvas wall tents set on platforms with cots and mattresses. Each Scout will be assigned to a Den, just like he is at home. Each Den will have an adult Leader. Several dens will make up the Camp Waubeeka Pack, with an experienced Cubmaster. Meals will be prepared by our staff of quality chefs and served to them in the McIntyre Pavilion.

CUB RESIDENT CAMP ACTIVITIES

Every day, your camper will have new and different activities ! We'll be doing some advancement, especially those that are outdoors, but our focus will be on fun! Our activities will focus around our themes for the week. Your camper can expect a whole range of personalities to join us from Mountain Man Lore-resplendent in costume and in character for the week. Read below for some of our special theme-related activities and how your camper can participate.

Probie and Costume Theme

Probie is the Camp Waubeeka Mascot-he is on our patch, hats, tee shirts-even on our waterfront tower! Our Waubeeka staff LOVES Probie! We LOVE costumes too! We'll be in costume all week and YOU are welcome to bring yours too. We may even have a contest!

Advancement

Advancement for Wolf, Bear, Webelos and Arrow of Light dens is important but not the only thing we do at camp. We are excited to have the new Cub Scout Advancement being done at camp, with emphasis on outdoor requirements. Each scout will receive an advancement sheet for everything done at camp to take back to his pack. Each den works on the appropriate requirements for their rank.

Aquatics

Campers will work on aquatic requirements for their rank and will also have opportunities for instructional swim and open swim during the week. Each camper will be assessed upon arrival. We'll have Polar Bear swim on Tuesday and Thursday morning for those willing to brave the cold! Campers will also have time for boating. We'll wrap up the week with a water carnival on Friday!

Citizenship

Citizenship is ingrained in the Scouting program. Each day, there will be an opening and closing flag ceremony with opportunities for Scouts to learn proper flag protocols. Scouts should have their Scout uniform for these special occasions and for dinner attire.

Climbing

Read Scout Reservation has the premier climbing facility in the Adirondacks. Cub Scouts and Webelos will climb our new tower at Summit Base-up to approved heights for their age.

Fishing

Scouts can fish beautiful Lake Waubeeka during den time or free time.
Some fishing poles are available but scouts can bring their own for best results.

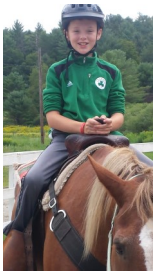
Handicraft

Campers will learn leatherworking, woodworking, lanyards and paracord crafts! All our camp favorites!

CUB SCOUT ACTIVITIES

Hiking and Nature

The best part of being at Camp Waubeeka is being surrounded by nature! We take advantage of the hiking trails, streams, trees, lake and all the critters that live with us. Campers will learn AND have fun while working on outdoor advancement. There is an observation pit in camp with reptiles and amphibians that campers will study (and then release). Principles of Leave No Trace will be taught in order that we can all be a friend to Nature!



Horseback Riding

Camp Waubeeka is one of the few Scout Camps that offers Horseback riding as an activity. Scouts will learn about horse care and ride in the corral.

Scout Skills

Scout Skills are now more prominent in Cub Scout Advancement, especially in the Webelos program. Campers will have demonstrations and hands-on activities, like campfire cooking to look forward too. And of course, there will be plenty of other skills, like knots, firebuilding and knife safety.

Service

Cub Scouts and Webelos will have an opportunity during the week to do a small service project for our camp, much the same way our Boy Scout Troops do each week. It will be scaled to their abilities such as cleaning a trail or program area. Also, Scouts will have a turn during the week to assist our service staff with setting up for lunch and dinner and bussing the tables at the end of the meals. Scouts have an opportunity to learn responsibility and what it means to "Help Other People".

Shooting Sports

Campers will have an opportunity to learn to shoot Archery, Sling Shots and BB guns. There is a whole NEW awards program for these activities, and scouts consider them one of their favorite things to do at camp! All shooting sports occur under proper supervision by certified instructors. Please do not bring any type of firearm/sling shot to camp.

Special Events

In addition to our costumes, we'll have other fun events for all! There will be a pajama-game night, and water carnival. The camp will be taking a field trip to one of the terrific area educational or historic facilities. Please see the permission form at the bottom of this document.

Down Time

Fun and excitement ALL the time can be exhausting! Each day, scouts are given siesta from 1-2 p.m. after lunch to recharge and den time to work on skits for campfire or play board games. Lights out is 9:30 p.m.

Food Service

Meals are provided by our dining hall and brought to McIntyre Pavilion. The menu is full of kid-friendly and nutritious choices. Cub Resident Camp MUST be a NUT-FREE environment-we have campers who are highly allergic. **Please DO NOT pack ANY snacks** and please have your child refrain from eating nuts before he comes to camp. Thank you!

ARRIVAL SCHEDULE August 6th

- If you are driving to the Read Scout Reservation, please plan to arrive between 1PM and 3PM. See page 7 for directions.
- You will be greeted by our camp staff as you arrive and directed to our parking area.
- The bus will arrive between 1:00 and 1:30 p.m. The bus will be greeted by staff and scouts will be assisted with their gear and check in.
- After unloading your Scout's gear, you will check in at the McIntyre Building. Your Scout's gear will be delivered to his camp site. Den and camp site assignments will be made at this time. Parents are welcome to stay and settle their scout into his tent.
- After check-in there will be a medical recheck and swim test. Please have your scout arrive in his bathing suit and have his beach towel handy.
- After the swim test, small groups of scouts and parents will be given a tour of camp by staff.
- The trading post will be open at 5 p.m. in case campers have forgotten any items. Our camp does NOT sell soda. The trading post will only be open a few hours a day for snacks or ice cream. So campers are not carrying large bills, please send $1 & $5 bills only if possible.
- Parents depart at 5:30 p.m. or can stay for dinner if they make a reservation.

DEPARTURE SCHEDULE August 12th

- Parents should arrive no later than 9:30 a.m. to check out their scout.
- Camp staff will deliver your scout's gear to the parade field across from the parking area.
- Camp will have final breakfast and flag ceremony from 8:00- 9:00 a.m.
- Scouts will be dismissed **ONLY** from the McIntyre Pavilion after a parent or guardian has signed them out and received their packet with medical form and advancement.
- If you are carpooling with another family, please be sure to fill out the Out of Camp permission form and turn it in at check-in.

Activity Schedule

Our days at Sunny Waubeeka are jammed-packed with activities and events. Unless we have a special event, the day will follow the schedule listed below. Activities are changed each day for both Cub Scouts and Webelos-some activities will be done together while others are rank-specific. Most of the activities are located in program areas close to their tent site. Dens will be escorted to each program area by Den Leaders and the activities are run by our well-trained and qualified Waubeeka staff.

7:00-8:00 a.m.	Wake up and den time
8:00-8:10 a.m.	Flag Raising
8:10-9:00 a.m.	Breakfast
9:00-10:30 a.m.	Activity 1
10:30-11:50 a.m.	Activity 2
11:50-12:10 a.m.	Prepare for Lunch/Waiters
12:10-1:00 p.m.	Lunch
1:00-2:00 p.m.	Siesta
2:00-3:30 p.m.	Activity 3
3:30-4:30 p.m.	Activity 4
4:30-5:30 p.m.	Open/Instructional Swim and/or Boating
5:30-6:00 p.m.	Clean up for Dinner
6:00-6:10 p.m.	Flag Retreat
6:10-7:00 p.m.	Dinner
7:00-8:30 p.m.	Campwide Game or Event
8:30-9:15 p.m.	Personal Hygiene
9:15-9:30 p.m.	Ready for Bed
9:30 p.m.	Lights Out

Personal Hygiene

Please be sure to send all personal hygiene items listed on the equipment list. Campers will shower a minimum of every other day and may shower more often if they wish. Proper handwashing is a MUST to prevent illness. Dens will be required to wash before each meal and practice good oral hygiene by brushing twice a day. Adult leaders will have time daily to shower and take care of personal needs.

BUDDY CAMP!

Cub Resident Camp now has Buddy Camp, a parent/scout experience! You can come a full week or choose half week options.

What is the difference attending Buddy Camp?

Scouts attend WITH a parent or guardian and do all activities together, including bunking together in a tent. Resident camp has dens separated by age under a den leader.

What will we do at Buddy Camp?

Parents and scouts will do all activities together, including swimming, boating, horseback riding, shooting sports, climbing, and a whole bunch more! There will be campfires and entertainment during the day in keeping with the theme.

Will my scout earn advancement?

This is an activity based camp, so advancement is not the focus, but some requirements will be earned. Buddy campers will not have sessions based on Cub Scout or Webelos advancement like Scout skills.

Will we be going on the same field trip?

Yes, we are moving the field trip to Tuesday so the Buddy campers can enjoy

It too!

What about food service?

Our delicious meals are cooked by Joe at the dining hall and brought down to McIntyre Pavilion. We have snacks provided during the day and coffee and tea for adults all day long. Please be sure to let us know if you have allergies, are vegetarian or religious requirements-we will do our best to accommodate all food requests.

Do both myself and my scout need a Class C medical form?

Yes, this is a resident camp and we are required to have a Class C medical for all our campers and staff. You can email it to the co-ordinator or mail to the office:

41 Saw Mill River Rd. Hawthorne, N.Y. 10530 Attn.: Sandy

Getting to the

Curtis S. Read Scout Reservation

By Council Transportation

Council transportation is available to and from Camp. The fee schedule is posted on the council website (www.wpcbsa.org/Read/ReadFeeInformation). Reservations must be made a minimum of a week prior to your camp session. The pick-up & drop-off points are as follows:

WHITE PLAINS: Be at the White Plains High School parking lot, 550 North Street, White Plains, by 8:30 A.M. the Sunday you are going to camp.

KATONAH: Be at the A&P parking lot (Route 117, about 9/10 of a mile south off of Route 35) by 9:30 A.M. on the Sunday your camp stay begins.

FISHKILL: Meet at the Ramada Inn on Route 9 & Route 84 by 10:00 AM on the Sunday you camp stay begins.

Bring a lunch to eat along the way. Duffel bags, packs or suitcases should hold all the equipment you will need during your stay at camp. Because of size, foot lockers are a definite problem, and **CANNOT** be carried on the bus.

The RETURN bus on Saturday will arrive at the same locations approximately at the following times:

Fishkill	1:30 - 2:00 PM
Katonah	2:00 - 2:30 PM
White Plains	3:00 - 3:30 PM

DIRECTIONS BY PRIVATE TRANSPORTATION:

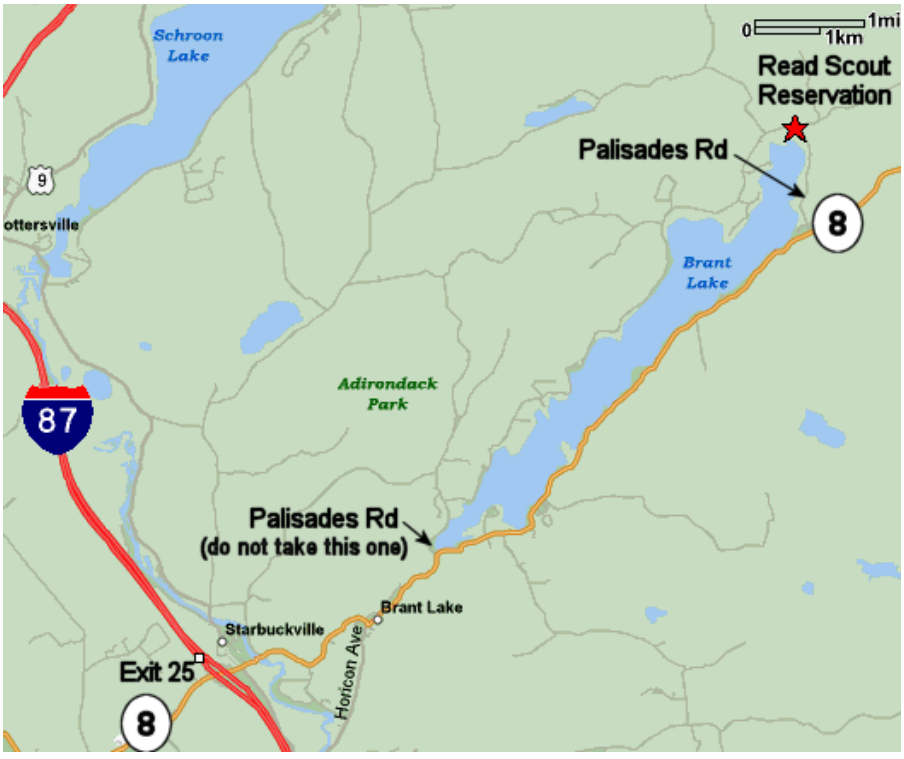
Take the New York State Thruway to exit 24, then the Northway (Interstate 87) North to exit 25. Make a right onto Route 8 to Brant Lake.

OR

Take Taconic Parkway to Interstate 90 West to Interstate 787 North to Route 7 West to Interstate 87 North (Northway) to Exit 25. Make a right onto Route 8 to Brant Lake.

THEN

At the North end of Brant Lake (on Route 8) take the first road to the left (Palisades Road) at sign directing you to camp. It is approximately 7.3 miles from the Northway.



Bring To Camp The Following:

Each scout should bring the following equipment for his personal use at camp. (Everything should be marked with the scout's name and pack number.)

__Cub Scout uniform
__Sturdy hiking shoes
__Water activity shoes-(must for showers)
__Extra underwear & socks
__Shorts (6 or more)
__Blue jeans or long pants
__T-shirts (8 T shirts or more)
__Swimsuit (2 suggested)
__Beach Towel
__Poncho or Raincoat (not below knees)
__Pajamas
__Sweater/jacket
__Baseball hat
__Knit hat
__Gloves
__Sleeping bag or sheets and 2 blankets
__Pillow - if desired
__Mosquito Net, Wooden poles with tennis ball on top, 8 large zip ties to secure to bed
__Water Bottle
__Sunblock
__Insect Repellent (non-aerosol only)
__Toothbrush & toothpaste
__Hand towels
__Bath towels
__Washcloths
__Comb, brush, mirror
__Soap/shampoo in a container
__Prescription medications in original containers only
__Day Pack
__Personal First Aid Kit
__Flashlight/extra batteries
__Spending money in $1's or $5's
__MEDICAL FORM (signed by parent)
__Out of Camp Permission Form
__Blue Tarp

Optional:
__Camp Chair
__Laundry Bag
__Camera
__Summer Reading Book!
__Costume

Please Do NOT Bring-
*ANY snacks due to peanut allergies
*IPODs or Gameboys
*Phones
*NO Pocketknives
*Matches, Lighters, Flint & Steel
*No *Magic Cards*

BUG NET SET UP

In order for your scout to have a comfortable week at camp, it is essential to have a bug net. Also, bringing a tarp to put on the tent floor will help keep bugs from coming in!

Needed-4 X 36” wood dowels or PVC pipe 1” thick, 4 tennis balls, zip ties (no duct tape!!!)

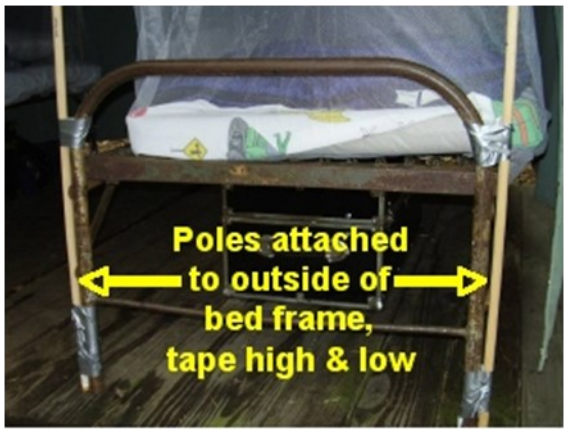
Poles can be 1” dowels or white PVC pipe you can purchase from Home Depot and should be 36” long.

In order to fit in the sloped tent, the set of poles closest to the walls should be 6” shorter than the inside poles.

We do NOT use duct tape as shown-please bring large ZIP-TIES to fasten the poles to the bed frame.

So the net does not tear, you can use old tennis balls with a slit to cover the top of the poles.

Poles are to be fastened by Zipties only!



GETTING YOUR GEAR TO CAMP!

Having your scout be organized and his belongings stay dry makes his stay at camp much more pleasant! There are a variety of options you can choose and here are some helpful tips on packing his gear:

1. Be sure to have your scout pack his gear WITH you so he knows where his stuff is located!
2. Pack each day's clothes together in a large zipbag marked with the day of the week.
3. Pack bathing suits in a separate zipbag.
4. Include a laundry bag or garbage bag for dirty items.
5. A quick dry towel makes their life a lot drier and easier.
6. Be sure to label all shampoo, soaps, etc. so they know what they are using.
7. ALL clothing and gear should be LABELED with your scout's name and pack.
8. No disposable ponchos please-they are dangerous on the trails and don't last. Cut a long poncho so it comes to just below the knees.
9. Camp fans are fine but please don't send spray bottles with attached fans.
10. PLEASE *no gear in plastic bags, crates or wire bins*-everything should be stowed in a duffel, backpack or foot locker.
11. Do NOT pack any food in gear!

Foot lockers should not be higher than 13" to fit under the bunk..

Please be sure to TAG all luggage and packs!

General Information

MAIL

Mailing address: Scout's Name:
Pack Number: Community:
Camp Waubeeka
Curtis S. Read Scout Reservation
1377 Palisades Road Rd #1
Brant Lake, New York 12815

Due to the volume of mail and packages received at camp, the use of the complete address above is important to ensure proper delivery. We will attempt to return items received after a Scout leaves camp. UPS is often the fastest delivery service to Read.

WEATHER AT READ

The weather at the Read Scout Reservation can be a bit unpredictable. The nights can be particularly cool. Even during the summer, temperatures can drop into the 40's at night. Please make sure your Scouts has warm clothes and sleeping bag to ensure he enjoys his time in camp.

MEDICAL EXAMS

All Scouts and adults must have a physical examination by a physician within the 12 months prior to attending camp. **All Scouts and leaders must have submitted a completed medical form to the Council Service Center at least two weeks before their arrival at camp**. Admission to camp is dependent on a satisfactory medical record. **Those without a completed medical cannot be permitted to take part in activities until we have the form in our hands.** Physicals must have an immunization history, with inoculation dates, in order to be valid. The correct form can be found at http://www.wpcbsa.org/pubs/ReadMedicalForm.pdf.

HEALTH LODGE

The Read Scout Reservation has a Health Lodge to provide first aid. The Reservation is staffed 24 hours a day by qualified health personnel. Persons with serious injuries or illnesses requiring hospitalization will be transported to either the Glens Falls Hospital or a Hudson Headwaters Healthcare facility where the camp has an advance agreement for treatment. We will have a certified RN on staff in camp at all times.

MEDICATIONS

Each person, youth or adult, who uses any medication, prescription or non-prescription, must ensure that they bring enough to camp for their entire stay. **All medications must be in their original containers**. While at camp, all medications must be held by the camp health officer . Emergency medication, such as heart medication, inhalers and epi-pens can be held by individuals.

ALLERGIES

Please ensure that your Scout's medical is at the council office 2 weeks prior to camp to ensure we have adequate time to review it and make accommodations for any health issues. **Our camp leaders must be familiar with any allergies or special health conditions**. Ensure that they are marked clearly on your Scout's medical form. If your Scout has a food allergy, please provide camp, as soon as possible, with a list of what he can eat as well as what he cannot eat. We must receive this information before your Scout comes to camp to ensure we have the proper food.

INSURANCE

Our Council carries accident and health insurance, through Health Special Risk, Inc. (HSR), on each Scout and adult leader.

In the event a Scout needs medical attention by an outside health care provider, all fees and bills should be handled in the following manner:

- Complete a claim form (available from Camp Health Officer or Council Camping Secretary) from HSR and submit it along with the health care provider's itemized billing statement directly to HSR IMMEDIATELY. Please follow the directions on the claim form completely. HSR will automatically pay the first $300.00 on every claim. Do not send any completed claim forms and/or bills to the Council Service Center.
- (For claims exceeding $300.00) Then submit the outstanding bills to the parent/ guardian's private health insurance.
- After the parent/ guardian's insurance has paid their maximum limit, the remainder of the outstanding balance (if any) can be submitted to HSR as a continuation of the original claim. You must provide an explanation of paid benefits from the parent/ guardian's insurance along with the claim. Although the claim is originally submitted to HSR, the parent/ guardian's health insurance is considered primary. HSR will only make payment on claims over $300.00 after proof of payment from the primary carrier is presented.

It is the responsibility of the parent/ guardian to ensure that their son's claim (if any) is submitted and satisfied. Please **do not** ask the health care providers to forward claim information or additional bills to the Council or Camp. In the event there are difficulties with a claim, you may contact the Camping Secretary at the Council for information and assistance (914) 773-1135 ext. 233.

SPECIAL NEEDS & SPECIAL DIETS

Cub Scouts or adults who have special needs due to a physical or mental disability will be accommodated to the best of our ability. Please inform the Camp Director as soon as possible of any special needs or equipment. Scouts or leaders who need special diets due to medical or religious requirements will be accommodated if at all possible. Please send specific instructions to camping@wpcbsa.org at least a month before you attend camp so we can special order the needed food items. **Please include a list of what can be eaten by the Scout or adult.**

PHONE

Emergency or Camp business calls only may be made to the reservation at **518-494-2250, ext. 580** where you can leave a message in the Camp Waubeeka voicemail. The voicemail will be checked several times each day and a camp staff member will contact you and/or your messages will be given to your scout.

LEAVING CAMP

Anyone leaving camp during the scheduled camp session must sign out in their respective Camp Office. A sign out log is kept in each office. A Scout may not leave camp with anyone other than his parent or guardian, unless written permission is provided by the parent/ guardian using the form found at the end of this information packet.

ALCOHOL/ DRUGS

Alcoholic beverages, illegal drugs or illegal use of prescription drugs are not permitted in camp. **Anyone found to be in possession of or under the influence of such will be asked to leave camp.**

Legal prescription drugs must be stored at the Health Lodge.

OTHER PROHIBITED ITEMS

In addition to items outlined above, the following items are prohibited in camp: pocket knives, sheath knives, aerosol bug spray, pets, fireworks, chain saws, and ALL electronic games and cell phones. Valuables can be lost or stolen, can prove to be a distraction to Scouts and detract from the peaceful outdoor environment. Also note that having a cell phone tends to make it worse for homesick scouts. We will have experienced cub scout leaders on staff to assist with homesickness or anxiety. We will only call parents as a last resort.

BEHAVIOR

Parents should reinforce good behavior habits with their son before they arrive at camp. Scouts are expected to cooperate with the adult leaders and follow directions. Scouts should not engage in behavior that bullies or belittles another scout. Scouts are expected to respect the property of others and not enter anyone's tent or take their property without permission. Small infractions will be handled by Den Leaders. Multiple infractions will lead to action by the camp administration, which could include calling parents, suspension of activities or expulsion from camp. All rules of privacy will be STRICTLY enforced when changing and showering. The shower house has individual stalls with locking doors to ensure privacy. Dens will be supervised by 2 male adults while showering or washing and no one will be allowed in a personal changing or showering area. Camp rules will be explained and acknowledged by Scout and parent at check in.

CUB RESIDENT CAMP

CAMP RULES

◊We are **Trustworthy**-we don't take anything that doesn't belong to us or enter anyone's tent without permission.

◊We are **Loyal** and ALWAYS use the Buddy System when moving through camp.

◊We are **Helpful** to all! We recognize the Cub Scout sign and are quiet when it is given.

◊We are **Friendly**! Campers should treat each other well! No bullying or name calling.

◊We are **Courteous**-we keep our hands to ourselves-no pushing, shoving, hitting.

◊We are **Kind**-we try to make others feel better to the best of our ability.

◊We **Obey** our adult leaders at all times.

◊We **Obey** all Safety Rules for all activities.

◊We are **Cheerful**! We have a happy attitude and share it with others!

◊We are **Thrifty**-we don't waste food and resources. We do not litter and we leave our camp better than we found it.

◊We are **Brave!** We alert adults when something is wrong.

◊Our language and actions are always **Clean**, as well as our bodies.

◊We are **Reverent**-we say Grace before every meal. We respect the beliefs of others. We are able to observe our own beliefs while at camp.

Expectations. Cub Resident Camp is a place for Scouts to come to feel safe, and have fun. Our camper's safety and well-being is our first priority. Cub Resident Camp prohibits behaviors that are not aligned with Scouting's values. In order to maintain the highest level of safety, the camp has rules and disciplinary actions that are reviewed the first day at camp. Disciplinary actions depend on the severity of the offense and include being removed from a current activity for a time out, being removed from an activity permanently and parents notified, and being removed from camp permanently and parents notified to retrieve Scout.

Permission Slip For Scout to Leave Camp

We cannot permit a Scout to leave camp other than with his parent/guardian unless permission is granted for alternate arrangements. The following permission slip must be completed and brought to camp with that person or persons.

My son, _____, has permission to leave camp with:

Please print:

_____

_____

_____

Signed: _____ Date: _____

Parent/Guardian