

Packing List

If you don't want it lost/damaged/destroyed, then a good rule of thumb is to LEAVE IT HOME.

Recommended Personal Equipment

Backpack / duffle bag
Sleeping bag and/or pillow
Field uniform (class A)
Swimsuit
Jacket / fleece / sweatshirt
Hiking Boots (waterproof)
Pants / shorts / zip-offs (3 days)
Rain gear
Bandana / hat
Shoes that can get wet (req'd if boating/rafting)
Sneakers or 2nd pair of boots
Socks (3 days +)
Underwear (3 days)
T-shirts (3 days)
Flashlight or headlamp & extra batteries
Insect repellent (non-aerosol only)
Other essential toiletries
Soap / shampoo / deodorant
Shower shoes/flip flops
Sunscreen (non-aerosol only)
Toothbrush/toothpaste
Towels and washcloths
Plastic bags—1 or 2 gallon
Spending money
Water Bottle / hydro pack or Day pack
MEDICAL FORM for both participants
OTC Medications Form for youth (signed by physician and parent)
If required, Prescription medications must be in original containers only

Optional

Mosquito Netting, and accessories to attach to cot
Camp Chair
Summer Reading Book

Please Do NOT Bring-

*ANY snacks due to peanut allergies
*IPODs or Gameboys or other electronics