

Packing List

If you don't want it lost/damaged/destroyed, then a good rule of thumb is to LEAVE IT HOME.

Recommended Personal Equipment

Backpack / duffle bag
 Sleeping bag and/or pillow
 Field uniform (class A)
 Swimsuit
 Jacket / fleece / sweatshirt
 Hiking Boots (waterproof)
 Pants / shorts / zip-offs (3 days)
 Rain gear
 Bandana / hat
 Shoes that can get wet
 Sneakers or 2nd pair of boots
 Socks (3 days +)
 Underwear (3 days)
 T-shirts (3 days)
 Flashlight or headlamp & extra batteries
 Insect repellent (non-aerosol only)
 Other essential toiletries
 Soap / shampoo / deodorant
 Shower shoes/flip flops
 Sunscreen (non-aerosol only)
 Toothbrush/toothpaste
 Towels and washcloths
 Plastic bags—1 or 2 gallon
 Spending money (recommend \$20)
 Water Bottle / hydro pack or Day pack
 MEDICAL FORM (signed by parent & physician)
 OTC Medications Form (signed by physician and parent)
 If required, Prescription medications must be in original containers only

Optional

Mosquito Netting, and accessories to attach to cot
 Camp Chair
 Summer Reading Book

Please Do NOT Bring-

- *ANY snacks due to peanut allergies & animals
- *IPODs, Gameboys or other electronics
- *Mobile Phones
- *Pocketknives
- *Matches, Lighters, Flint & Steel